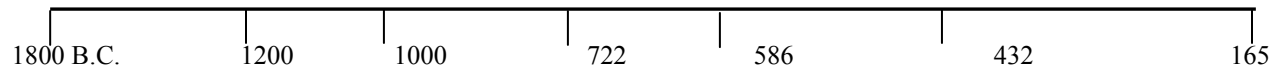


# Journey Through the Old Testament



## Sermon and Study Notes

1. The Historical Background to Today's Scriptures:
2. The Overarching Message
3. What Do These Scriptures Tell Me About God?
4. What Do These Scriptures mean for Me?

## Prayer & Reading Guide

This guide is designed to deepen our prayer and spiritual life by expanding our experiences of prayer in unison with our study of the Word. This week's prayer guide is a sampling of Jewish blessings to pray and to enrich us though this week as we begin a new sermon series on the Old Testament.

**Monday - Blessing Upon Rising in the Morning:** I thank you God, Eternal One. For lovingly restoring my soul to me filled with Your eternal trust.

**Scripture:** Genesis 12:1-6

**Reflection:** What do you center your life around? What deeply moves you?

**Tuesday - Shema** Hear, Israel, the Lord is our God, the Lord is One. Blessed be the Name of His glorious kingdom for ever and ever. And you shall love the Lord your God with all your heart and with all your soul and with all your might. And these words that I command you today shall be in your heart.

**Scripture:** Exodus 3:1-6

**Reflection:** Who is God? How has your thinking about who God is changed over the years?